

Heavy metal pollution in red haricot beans (*Phaseolus vulgaris*) and cowpeas (*Vigna unguiculata*) grown using untreated sewage water in Ruai, Nairobi-Kenya

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Abstract:

Recurrent rainfall inconsistency experienced across Kenya brings about a reduction in crop production that relies on rain fed agriculture. Nairobi peri-urban farmers have turned to irrigate their residential plots using untreated sewage water. A study was done on *P. vulgaris* (red haricot beans) and *V. unguiculata* (cowpeas) between Nov. 2009 and Jan. 2010 in Ruai - Nairobi County. The general objective of the study was to investigate levels of heavy metals: cadmium (Cd), copper (Cu), lead (Pb) and zinc (Zn) in *P. vulgaris* and *V. unguiculata* grown in sewage contaminated soil and irrigated using untreated sewage water. Randomized Experimental Block Design - Latin Square was adopted. Two adjacent sites, 20m apart, measuring 4.5m x 4.5m each were mapped out as Sites 1 and 2 being main treatments A and B (Control) respectively. The sites were each divided into 3 blocks; each block had 3 plots which were prepared. Three plots were planted with *P. vulgaris*, 3 with *V. unguiculata* and 3 were without crop. Sites 1 and 2 were irrigated with untreated sewage water and tap water respectively. Samples of certified seeds, soils, waters and plants parts were randomly taken before planting, at 15, 30, 60 and 90 days after planting and were processed, analyzed in the laboratory using the laboratory procedures for determining heavy metals by an Atomic Absorption Spectrophotometer (AAS) (Model 210 VGP). Data analysis was carried out by ANOVA, Genstat program. The study revealed significant differences ($P < 0.05$) in levels of Cd, Cu, Pb and Zn in different parts of beans and cowpeas grown in sites 1 and 2. In beans roots, the mean levels were 0.135 mg L⁻¹ in site 1 and 0.160 mg L⁻¹ in site 2 for Pb, 0.629 mg L⁻¹ in site 1 and 0.782 mg L⁻¹ in site 2 for Zn, Cu was spectrophotometrically undetectable in site 1 and 0.003 mg L⁻¹ in site 2, Cd was spectrophotometrically undetectable in site 1 and 0.001 mg L⁻¹ in site 2, whereas in cowpeas roots the mean levels of Cd and Cu were spectrophotometrically undetectable in sites 1 and 2, Pb was 0.484 mg L⁻¹ in site 1 and 0.423 mg L⁻¹ in site 2, Zn was 1.615 mg L⁻¹ in site 1 and 1.462 mg L⁻¹ in site 2. There were significant differences ($P < 0.05$) in Zn levels in cowpeas and beans roots in sites 1 and 2. In beans leaves, the mean levels for: Pb was 0.613 mg L⁻¹ in site 1 and 0.740 mg L⁻¹ in site 2, Zn was 1.336 mg L⁻¹ in site 1 and 1.430 mg L⁻¹ in site 2, Cd was 0.001 mg L⁻¹ in site 1 and 0.013 mg L⁻¹ in site 2. While in cowpeas leaves the mean levels of Cd and Cu were spectrophotometrically undetectable in sites 1 and 2, Pb was 0.484 mg L⁻¹ in site 1 and 0.423 mg L⁻¹ in site 2, Zn was 1.615 mg L⁻¹ in site 1 and 1.462 mg L⁻¹ in site 2. There were significant differences ($P < 0.05$) between Zn level in cowpeas leaves and Cd level in beans leaves in sites 1 and 2. In harvested beans seeds, the mean level of Pb was 0.061 mg L⁻¹ in site 1 and 0.035 mg L⁻¹ in site 2, Zn was 0.124 mg L⁻¹ in site 1 and 0.346 mg L⁻¹ in site 2, Cu was 0.120 mg L⁻¹ in site 1 and 0.594 mg L⁻¹ in site 2. There were significant differences ($P < 0.05$) in Pb, Zn and Cu levels in beans seeds in both sites. The study concludes that heavy metals (Cd, Cu, Pb and Zn) from the soil accumulate in different concentrations in the different parts of the *P. vulgaris* and *V. unguiculata*, the variation could be attributed to the different uptake and transport of heavy metals (Cd, Cu, Pb and Zn) by different plants and therefore recommends that untreated sewage water and sewage contaminated soils are not suitable for irrigating and growing on respectively of *P. vulgaris* and *V. unguiculata* crops.